



CHRISTIAN SCHOOLS SPORTS ASSOCIATION

Secondary CIS Cross Country Championships 2023

Congratulations! Due to your fine performance at our CSSA State Cross Country Championships, you have been selected to be part of the Christian Schools Sports Association (CSSA) Secondary Cross Country Team, which will compete at the Combined Independent Schools (CIS) Cross Country Championships. Please note the following details about this event.

CIS Cross Country Championships: <https://www.cis.nsw.edu.au/events/168672/&cat=1971&f=list>

☆ **Venue:** Sydney International Equestrian Centre, Saxony Rd, Horsley Park.

☆ **Date:** Thursday 8 June 2023

☆ **Times:** **Secondary:** 7.30am Gates open 8:00am Secondary officials check -in
8.30am Walk the course 9.30am 1st races starts

Refer to the CIS Program for specific race times:

https://www.cssa.net.au/images/cssa/cis/2023/CIS_XC_Program_of_Events.pdf

☆ **Meet:** In the CSSA section of the indoor arena grandstand, see link below.

[NSW CIS Cross Country Championships Seating](#)

You MUST report to the CSSA team manager at least 1 hr before your race

to register you are present and receive your official competitor number.

☆ **Team Manager:** Kim Fleming – M: 0411 241 518 on *the day only*

☆ **Uniform:** A CSSA Running singlet must be worn for your race plus navy blue or black running shorts/skins.

If you did not purchase a CSSA Running Singlet at the CSSA State cross-country carnival You MUST order online via the CSSA Website: www.cssa.net.au

☆ **Cost:** A CIS nomination fee of \$26.17 will be charged directly to your school.
No cost for spectators.

☆ **Transport:** You or your school must arrange your own personal transport to and from the Venue.

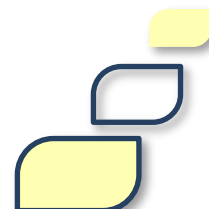
☆ **Parking:** There is parking available at the venue at no cost. Enter through Gate A.

☆ **CIS Team:** Should you place in the top 10 in Secondary, you will qualify to compete at the NSW All Schools Cross Country Championships held at Sydney Motorsport Park, on Friday 21 July 2023. ***If you do qualify***, you should be aware that there will be a minimum uniform requirement to represent CIS. *Note: CIS have all new apparel this year and the old style uniform cannot be worn.*

The minimum items are: singlet, CIS running shorts, and tracksuit. The cost for the mandatory uniform and levy is likely to be in the vicinity of \$240.

CHRISTIAN SCHOOLS SPORTS ASSOCIATION

ABN 96 059 090 366 • PO Box 2424 BOMADERRY 2541 NSW • www.cssa.net.au
Executive Officer: Linda Heslehurst • P: 0418 685 898 • linda@cssa.nsw.edu.au





CHRISTIAN SCHOOLS SPORTS ASSOCIATION

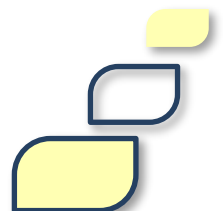
Please note that CIS determine what uniform is compulsory, this is out of control of the CSSA.

Successful qualifiers will be taken from the recording table directly to be outfitted. Parents (or a responsible adult) should be with students to facilitate this process. If you are reasonably confident that you are likely to achieve selection in the CIS team then you should organise to have payment for the uniform on the day. The uniform may be purchased with a credit card/cheque.

- ☆ **Food:** Food trucks will be available.
- ☆ **First Aid:** Paramedics will be available. The ambulance will be located near the finish line exit.
- ☆ **Weather:** The course handles wet weather very well and there is a covered grandstand for spectators. It is highly unlikely that the event would be cancelled due to wet weather.
- ☆ **Course Maps:** Course maps are available on the CIS Website:
<https://cdn.revolutionise.com.au/cups/nswcis/files/3zvzloeajkgm7shz.pdf>
- ☆ **iPods or spikes:** No iPods or spikes are permitted on the course.
- ☆ **Medals:** All athletes must be in their CSSA running singlet for medal presentations.
- ☆ **Withdrawals:** Advise your sports coordinator as soon as possible.

CHRISTIAN SCHOOLS SPORTS ASSOCIATION

ABN 96 059 090 366 • PO Box 2424 BOMADERRY 2541 NSW • www.cssa.net.au
Executive Officer: Linda Heslehurst • P: 0418 685 898 • linda@cssa.nsw.edu.au





CHRISTIAN SCHOOLS SPORTS ASSOCIATION

CSSA App

**DOWNLOAD
THE
CSSA APP
HERE**

All members of CSSA teams are required to download the CSSA App which contains CSSA and CIS event details, CSSA policies and up to date CSSA and CIS event changes.



[Apple Web Link](#)



[Android Web Link](#)



Uniform Requirements

To order NSW CSSA uniforms please go to the CSSA website & click on the uniform order link: www.cssa.net.au. All uniforms are ordered **ON-LINE**. Payment is by credit card. Orders will be delivered directly to you by courier.

Mandatory CSSA Representative Uniform (MUST have these items)													
Item	Cost (inc. GST)												
CSSA Rep Singlet (mandatory)	\$45	8	10	12	14	16	S	M	L	XL	2XL	3XL	
If you already have any part of the uniform, you do not need to re-purchase it.													
Optional CSSA Representative Uniform (DO NOT need these items)													
CSSA Baseball Cap (Optional)	\$25	One Size Only											
CSSA Sports Bag (Optional)	\$55	One Size Only											
CSSA Polar Fleece (Optional)	\$55		10	12	14	16	S	M	L	XL	2XL		
CSSA Polo Shirt (Optional)	\$45		10	12	14	16	S	M	L	XL	2XL	3XL	
CSSA Blue Hoodie (Optional)	\$70		10	12	14	16	S	M	L	XL	2XL		
CSSA T/suit Jacket (Optional)	\$60			12	14	16	S	M	L	XL	2XL		
CSSA T/suit Pants (Optional)	\$45		10	12	14	16	S	M	L	XL	2XL		

Please ensure ALL ORDERS are made by Wednesday 31 May 2023 for delivery on time

If you have any questions or concerns please do not hesitate to contact:

Linda Heslehurst
CSSA Executive Officer
E: linda@cssa.nsw.edu.au
M: 0418 685 898

Amanda Butterworth
CSSA Assistant Executive Officer
E: amanda@cssa.nsw.edu.au
M: 0424 151 071

CHRISTIAN SCHOOLS SPORTS ASSOCIATION

ABN 96 059 090 366 • PO Box 2424 BOMADERRY 2541 NSW • www.cssa.net.au
Executive Officer: Linda Heslehurst • P: 0418 685 898 • linda@cssa.nsw.edu.au

